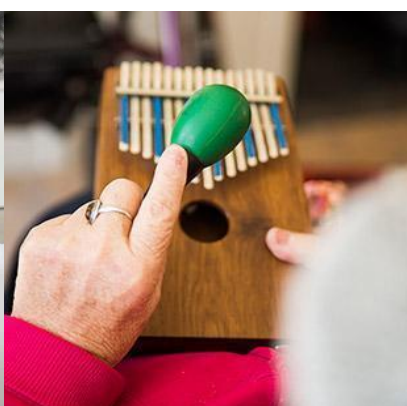




Handbook for Artists, Partners and Healthcare Staff

New edition 2025 Putting us on the same page



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For more information, visit the website www.artsforhealthwestcork.com

About Arts for Health

Arts for Health Partnership Programme is based in West Cork and provides a managed arts programme for older adults accessing healthcare services, since 2005. Arts for Health is delivered by a team of professional artists from different disciplines who have training and hold specific expertise in working with older people in healthcare settings.

The service is free of charge and takes place in Castletownbere, Dunmanway, Schull, Skibbereen, and Clonakilty Community Hospitals, Bantry General Hospital, St. Joseph's Unit and Bantry, Castletownbere, Clonakilty, Dunmanway, Skibbereen Day Care Centres, as well as in the community and at Uillinn West Cork Arts Centre.

The programme is social and enjoyable and provides participants with choice, learning, and access to culture. Group and one-to-one sessions in visual art, music, and poetry take place once or twice a week in the community hospitals, and family members are welcome to join in. Concerts, performance, publications, and exhibitions take place throughout the year celebrating the work created by the participants. An exhibition can be seen each May at Uillinn West Cork Arts Centre as part of Bealtaine Festival, along with other events throughout the year.

The partners overseeing and funding the work through the Steering and Working Groups comprise Uillinn West Cork Arts Centre, Cork County Council, Cork Education & Training Board and the HSE. The HSE is represented through the Community Work Department, the Nursing Directors of Community Hospitals and the Day Care Centres, West Cork. The make-up of the partnership demonstrates the commitment of regional arts, education, and health organisations working together for the care of older people in West Cork.

Access to and engagement with the arts in healthcare settings improves the quality of life for the individuals in residential care. It encourages conversation and links with the wider hospital community. By being integrated into the culture of the care setting, the programme allows ideas and the individual creative interests of the participants to be nurtured, developed and implemented over time.

The programme seeks to work with people as they gain in age. Where possible we make links between our older people's programmes at Uillinn, the day care centres, and community outreach through to community hospitals and long-term residential care units, seeking a flow and connection between services to help the individuals build relationships with artists, professionals engaged with the programmes, and the wider community.

The **Community Hospital Arts Programme** focuses on consistent weekly delivery and is tailored to the participant's creative needs. It is structured around a weekly group workshop, remote projects, and regular one to one support to encourage and develop individual creative ideas. The content of the workshops evolve and change responding to the exchange between the artist and the participant. Occasionally, the artists on the team work collaboratively to deliver projects, using themes and connecting the participants with the wider community.

The **Day Care Centre & At Home Arts Programme** is project-based and supports an ethos of creative exchange and experimentation between the artist and the participants. The projects aim to be stimulating, enjoyable and culturally relevant to older people, frequenting the centres and lending towards a collaborative group approach. Projects may differ in the style of delivery, some adopting a short directive encounter, while others facilitate more extended engagement. The artists might work alone or collaboratively, and intermittently themes that link and connect the participants in each location are used.

The **Creative Carers Programme** looks towards the creative wellbeing of family carers in a range of multidisciplinary arts engagements taking place; at Home, at Uillinn, and in the Community. Participants on the programme benefit from access to arts and cultural experiences, meeting and working with artists, social engagement, peer support, community network building. Delivered by artists, the programme can take the form of once off or a series of group workshops, one on one series of sessions, or community and social events.

For more information, visit the website www.artsforhealthwestcork.com

Programme for 2025

Each Community Hospital is allocated approximately 68 sessions across and day care 25 sessions across the year, plus events, concerts, exhibitions, etc. The intention is that our programme offers a variety of visual art, music, and literature, giving choice and variety for the residents, while also offering a measure of stability and familiarity.

In addition to weekly sessions, there will be several projects throughout the year.

- For **Bealtaine's 40th Birthday** we will host a concert by Justin Grounds and share art work in exhibitions across the West Cork Libraries and at Uillinn
- Catherine Weld will be working with the team to design and produce our own set of Condolence Cards with images and poems by residents
- Ecki Krupp will be developing the film made with Castletownbere CH residents touring the **Places of Meaning**
- Justin Grounds will be working on a new research project exploring music and dementia
- Participation in **West Cork Literary Festival** with Elizabeth Murray
- Invitation to link in with Creative Carer Programme for Family Carers
- July there will be **Cello Concert** tour to each hospital with Tess Leak and guests
- **Songs to be Remembered** music tour with Marybeth O'Mahony and Guest
- Artist Sarah Ruttle will be making new investigations on her research project with residents living with visual impairment
- Dance project with Helga Deasy investigating movement and memory

Healthcare Setting	# Activities	Type of Activity
Schull Community Hospital	66 sessions	Group and one to one sessions
Clonakilty Community Hospital	90 sessions	Group and one to one sessions
Bantry General, St.Joseph's Unit	66 sessions	Group and one to one sessions
Skibbereen Community Hospital	66 sessions	Group and one to one sessions
Dunmanway Community Hospital	66 sessions	Group and one to one sessions
Castletownbere Community Hospital	66 sessions	Group and one to one sessions
All Community Hospitals	6 sessions	Summer Cello concert tour
Community Hospitals	6 sessions	One to one Research Projects
SUB TOTAL	432	179 residents
Dunmanway Day Care	25 sessions	Group Arts and Health sessions
Clonakilty Day Care	29 sessions	Group Arts and Health sessions
Bantry Day Care	25 sessions	Group Arts and Health sessions
Castletownbere Day Care	25 sessions	Group Arts and Health sessions
Skibbereen Day Care	25 sessions	Group Arts and Health sessions
All Day Care Centres	5 sessions	Day Care Music Project
SUB TOTAL	134	1370 based on average 10 per session
Bantry GH – Medical & Rehab (Acute)	45 sessions	Group and one to one Arts and Health sessions with 52 patients
Participants Home	6 sessions	Creative Carers at home
8 Community & Family Resource Centres	58 sessions	Creative Carers Series Group sessions
Community spaces	3 events	Carer Events
SUB TOTAL	64	640 participants (avg.10 per session)
Uillinn West Cork Arts Centre	12 sessions	Arts for Healthcare Staff
Uillinn West Cork Arts Centre	25 sessions	AfH artists Learner programme
Uillinn West Cork Arts Centre	11 sessions	Artists Network
Uillinn West Cork Arts Centre	2 sessions	Artists Training - creative
Uillinn West Cork Arts Centre	2 sessions	Artists Training - OT & movement
Uillinn West Cork Arts Centre	6 sessions	Artists CPD - Dementia
TOTAL in 23 venues	688	

The Role of the Artists

Artists work as part of a comprehensive on-going programme with a team of artists working together to achieve a common objective.

The Arts for Health Partnership envisages a strategic, creatively ambitious, and sustainable response to an ageing population, which enables choice, social inclusion, and equitable access to the arts for older people in West Cork.

While the programme is structured, there is plenty of flexibility around realising project ideas, working responsively one to one or in a group, and collaborating with others on the team and healthcare staff.

Exactly what is expected of the artist?

To bring their professional practice to a healthcare community and be a positive and motivated addition to a creative team working in support of the Arts for Health Partnership Programme.

Devise and deliver meaningful arts engagements for and with participants (residents, family, staff) in Community Hospital(s) and/or Day Care Centre or at home in the community

This is their main aim and it is achieved through regular group workshops, one to one creative support, remote and in person projects. While most sessions are delivered working solo, projects also happen in collaboration with other artists on the team.

Be Responsive

Just underlining the above, our work is with older people in healthcare and exercising professional judgement on the reasonable expectations is important to this context. The artists share their expertise and ideas around their current practice as part of a conversation to cultivate the creative potential of participants, challenging and motivating ideas.

Artists agreement letter is a reference on how many sessions they have allocated, where they are and who with. The Programme Manager will advise and consult on content, and network meetings are a great space for exploring ideas with peers and to support skills development.

Work safely

The artists should never work on site if feeling unwell. There are some extra considerations when working in healthcare, such as ensuring high levels of hygiene and

infection control, and keeping participants' wellness as the primary focus. It is the artists' responsibility to ensure they follow COVID-19, Health & Safety procedures as set out by Uillinn and the HSE.

It is the responsibility of the healthcare setting to ensure the artists have good knowledge of their COVID-19, Health and Safety procedures when entering a hospital or day care.

Work respectfully and in collaboration with staff at the healthcare setting for the benefit of the participants.

There is a link person at the setting assigned to support each artist, this is usually a CNM2 or Activities Director. To aid good communication and initiate connection with Link Person, the artist should use the 'AfH check in sheet' on arrival each week.

In the first weeks/months the artist will work with another experienced artist team member to help them navigate the space, meet the staff, and identify the Link Person.

Be responsible for ensuring suitable materials and equipment required for workshops or postal projects are provided and safely maintained.

The artist may be given a budget to help achieve this, or may hold a shared budget with another artist they are working with. Where the artist has ambition beyond the allocated budget they can request more in advance of a project. They do this by arranging a meeting with the Programme Manager and putting a brief proposal of their plans in an email.

Meticulously updating the google calendar and year planner with their schedule and information.

This is very important and needs to be reliable for good management of the programme. While the overall programme coordination will be managed by Justine Foster, the artist is responsible for contacting the healthcare professional they will be working with to agree times suitable to them both.

Check in Sheets, Patient Care Plans, Journal, review meetings and contribute to research and evaluation reports.

On arrival and before leaving this paperwork is an important part of Arts and Health practice. It is what makes this work embedded into the culture of care. It includes writing care plans for hospitals, completing an online journal each session and contributing to reports for AfH programme management.

Document work - written, visual, and recorded - for families, funders and for profiling the artist's own career.

There's space to be creative about this; photos, videos, recordings - documentation can be embedded into the design of the sessions. Knowledge of the consent procedure will inform how the artists visually document and take recordings.

Regularly attend and contribute to Artist Team Network meetings online and in person.

Here artists can find out more about the places and people, discuss any issues with their peers in confidence and get a wider perspective on the programme. Attending can play an important part to realising collaborative and creative ambitions and supporting the artist as an arts worker.

Participate in Arts for Health professional development, training, mentor and placement programmes.

Attending learning opportunities helps the team grow and create. The sessions are bespoke to the programme's development needs and are wide ranging in their structure and content. Participation is free and travel can be requested if it's not at Uillinn.

In case of Illness / delay / late arrival

Artists are asked not to attend the hospital if they are ill. The artist should please contact the healthcare setting as soon as possible and the setting will advise the artist on the appropriate time they should leave before recommencing work. The artist should also please notify the Programme Manager as soon as possible and in advance if possible. If the artist is unable to facilitate a session, the fee for that session will be forfeit. If the artist becomes unable to complete the project, the remaining fee will be forfeit. West Cork Arts Centre reserves the right to suggest suitable alternative sessions for the days in question, or to suggest alternative dates within reason.

Health and Safety at Work Policy

All agreements are subject to COVID-19 government guidelines at the time. WCAC and HSE policies on Health and Safety and COVID-19 will apply. Any infringement on this will terminate the contract.

West Cork Arts Centre has implemented the following procedures in relation to contractors and third parties employed, paid, or grant aided. Payments made under such agreements are at all times conditional on compliance with the following requirements:

Copyright

West Cork Arts Centre, as commissioner and in keeping with the Copyright and Related Rights Act 2000 will retain copyright of the project and as such retains the right to use it for any

appropriate use (publicity, project report, etc). Freelance Artists will be credited as the artist who facilitated the project and the name of the healthcare setting if specified.

Confidentiality

Artists will keep confidential and not, without the express permission of WCAC, disclose any information in any manner whatsoever obtained while engaged by WCAC as Freelance Artist on the Arts for Health Programme, or afterwards, other than that required by normal communications.

Policies

Freelance Artists will ensure that all work undertaken as part of any project will comply with Health and Safety Act 2005 and related Regulations, as required.

Freelance Artists have no entitlement to entry to non-public areas at Uillinn either inside or outside business hours other than those agreed relating to programme delivery.

As part of West Cork Arts Centre Child Protection & Welfare and Vulnerable People Policy measures, the Freelance Artist is required to adhere to the Guidelines referred to in its policy document or present a copy of their own policy where West Cork Arts Centre is in agreement.

All documents, records and other papers and files (hard and soft copy) concerning the project, including copies and extracts of them made by the artist, shall be used solely for the purpose of the project, and will be the property of WCAC, and will be returned to it on demand at any time and without demand on the termination of the artist's position as Freelance Artist on the Arts for Health Programme.

Insurance

West Cork Arts Centre has Public Liability and Employer Liability Insurances. As a third party contractor, Freelance Artists must make provision for their own insurances indemnifying West Cork Arts Centre and their own Taxes. Tax Clearance Certificate may be sought.

Submitting News & Taking Photos or recordings of any kind

Artists can submit a detailed description of your work through the Artists Session Report Form. Please submit reports on finished projects through the Project Report Form. Étaín will use this information to write website/social media posts.

Artists should take photos during sessions, it is wonderful to see the work. Photography and voice recording guidelines:

1. Always ask for consent to take photos or any kind of recordings (see policies for more details) - see consent form if you need to use one.
2. Do not identify participants in images (i.e. do not include faces, identifying features, jewellery, etc.)

Upload all photos or recordings to the Arts for Health Team Google Drive before you leave the healthcare setting. Please label images including *Project Name, Setting, Artist Initials, Month, Year*. **NEVER keep AfH photos or recordings on your personal devices (phones, laptops, etc).**

The role of the Healthcare (AfH) Link Person

The AfH Site Coordinator is a HSE Healthcare Professional based in a healthcare setting where the Arts for Health Partnership Programme is delivered. The person/s are allocated the role and reports to the Director of Nursing of the healthcare setting. In the case of the Day Care Centre it is usually the Day Care Coordinator, in the hospital it can be CNM2, CNM1 or other Nursing staff.

What is expected of a Link Person?

Their role is to provide the link information and support between the artists and the participant for the betterment of the patient experience and the healthcare service.

Responsibilities

When artists arrive for the first time, the Link Person must inform them of the current healthcare regulations and policies, as this might differ from their last visit there or at another hospital.

Deliver an induction session to each new artist to; help them navigate the space, introduce the participants, introduce the staff, on-site Health & Safety, service routines, allocate suitable storage and workshop space.

Schedule sessions to fit with the activities schedule, arrange dates and times with the artists. Should the link person need to cancel a session, do so with 48 hours notice to allow the artist to reschedule - otherwise the artist will be paid and the setting will lose that session.

Share information about AfH services with patients and families and other staff at patient admission, activities timetable, wall information, circulars etc.

Rational

Legal requirement and best practice

To help the artist get settled in the setting and work safely and independently.

Artists will know how many sessions they have and will seek the healthcare setting's advice on when best to deliver.

Working with healthcare settings to enhance the lives of their residents and the programme participants.

Manage the participants' written consent for participation in the programme on admission and review with the artists throughout.

To support and maintain best practices and legal requirements.

Sign Check in Sheet - Meet briefly with the AfH Artist before each session to exchange important information about patient welfare, sharing relevant life history, artists contribution to patients Care Plan (A Key to Me) changes in circumstances.

Keeping the artist informed on the changing circumstances of the person and the space will help provide a more meaningful service. The artist may be able to share information about the person given the one on one time they share with the person.

Liaise with the AfH Programme Manager to contribute to the ongoing evaluation of the programme and recruitment of artists.

To make sure the manager of the programme knows if the programme is working for the setting and is really reaching the goals set out.

Time permitting

- Attend Arts for Health professional development workshops and celebratory events when they are relevant.
- Document the programme by taking photographs of the artist working, and recording testimonies from the patients and visitors.
- Read and contribute to the NEWS on the Arts for Health website
- Monitor AfH calendar for changes and connect with other healthcare settings (accessible by Google or website).

Arts for Health, West Cork - Google Calendar

All booked sessions will be added to the google calendar, linked below. All artists and healthcare settings have access to view this calendar. Artists will update once sessions are booked.

<https://calendar.google.com/calendar/embed?src=en0o4109n98oitbl48okfc3o04%40group.calendar.google.com&ctz=Europe%2FDublin>

Artists Session Report Form

<https://forms.gle/aQqukJ6F5ZgaRRvBA>

Artists Project Report Form

<https://forms.gle/sDZs1MJv2MoniY2X9>

Artists Invoice Form

<https://forms.gle/hMsu6qnZafLwnTAz6>

Programme Equipment

https://docs.google.com/spreadsheets/d/1Zju_c8KZQ6Z9Sg7Q9ykB-yPBCgCpl1z4FKwPuqxQ3bl/edit#gid=445906321

Artists Team Network Meeting (TEMPLATE)

<https://docs.google.com/document/d/1Wm5bTK8rPbrSGnLnPp1gpw2PG0RSEPNAWARekn10p6Q/edit>

Arts for Health Drive

<https://drive.google.com/drive/u/0/folders/0AAutNwXPmzxrUk9PVA>

Arts and Health Resources

10 things to consider

<https://www.artsandhealth.ie/wp-content/uploads/2019/11/An-Introduction-to-Arts-And-Health-10-Things-to-Consider.pdf>

Artist Peer sessions and documentation from Dialogue Arts + Health

<https://dialogueartsandhealth.wordpress.com/documentation/>

Unravelling Arts and Health

https://dialogueartsandhealth.files.wordpress.com/2011/12/marie-brett_dialogue-1_unravelling-arts-health-practice-workshop-notes.pdf

Arts & Health national resource <https://www.artsandhealth.ie/>

The Space: Digital tools for artists <https://www.thespace.org/>

Online Audiences Toolkit <https://www.thespace.org/resource/spaces-online-audiences-toolkit>

Live streaming for the arts: lo-fi and low cost options

<https://www.thespace.org/resource/live-streaming-arts-lo-fi-and-low-cost-options>

A Toolkit for Arts & Creativity in Care Settings

https://bealtaine.ie/wp-content/uploads/simple-file-list/older-people-resources-list/A_Toolkit_for_Arts_and_Creativity_in_Care_Settings.pdf

Guidelines for working with older people in the arts

<https://bealtaine.ie/wp-content/uploads/simple-file-list/publications-general-list/Guidelines-for-working-with-older-people-and-the-arts.pdf>

Mind Your Language

<https://bealtaine.ie/wp-content/uploads/simple-file-list/publications-general-list/Mind-your-Language-with-Age-Opportunity.pdf>

Arts and Creative Charter for Older People

<https://ageandopportunity.ie/arts/arts-creative-charter-for-older-people/>

Minding Your Mental Health

Movement and selfcare series <https://artsforhealthwestcork.com/creative-wellbeing/>

Minding Creative Minds – 24/7 Mental Wellbeing Support Programme for the Irish Music & Creative Community <https://mindingcreativeminds.ie/>

Gov.ie: Getting through COVID 19 Together

<https://www.gov.ie/en/campaigns/healthy-ireland/?referrer=http://www.gov.ie/en/campaigns/together/>

Bereavement Support Line - Irish Hospice Foundation

<https://hospicefoundation.ie/our-supports-services/bereavement-loss-hub/bereavement-support-line/>

Contact Lists

Arts for Health Steering Role	Contact Name	Email
Programme Manager	Justine Foster	justine@westcorkartscentre.com
	Teresa O'Sullivan	teresa.osullivan@corketb.ie
	Ian McDonnagh/ Maeve Mulrennan	ian.mcdonagh@corkcoco.ie maeve.mulrennan@corkcoco.ie
	Joanna McCarthy	Joanna.McCarthy@hse.ie
	Eleanor Moore/ Evie Finley	evie.finlay@hse.ie
	Sheelagh Broderick	Sheelagh.Broderick@hse.ie
	Margo Daly (outgoing)/ Sarah Cairns	Sarah.Cairns@hse.ie
AfH Chairperson	Róisín Walsh	roisina.walsh@hse.ie

Day Care Centres	Telephone	Contact Name
Bantry	(027) 52455	Christine McCarthy
Castletownbere	(027) 70737	Susan Power
Clonakilty	(023) 8834606	Joan O'Driscoll
Dunmanway	(023) 8845621	Anita O'Donovan
Skibbereen	(028) 40454	Mary Willis

Community Hospitals	Telephone	Contact Name
Bantry General Hospital, St Joseph's Ward, Bantry	(027) 52904 / 50133	Annette Collins, Director of Nursing Georgia Thomas, CNM2 Sarah Cairns, Activities Coordinator
Castletownbere Community Hospital	(027) 70004	Maureen O'Neill, Director of Nursing Helen O'Donovan, CNM2
Dunmanway Community Hospital	(023) 884 5102	Kerry Burchill, Director of Nursing Siobhán Calnan, CNM2
Schull Community Hospital	(028) 28120	Róisín Walsh, Director of Nursing Joanne O'Driscoll, CNM2

		Margaret Hayes, Activities Coordinator
Skibbereen Community Hospital	(028) 21677	Joan Brown, Director of Nursing Sandhya Zachariah, CNM2
Clonakilty Community Hospital	(023) 883 3205	Mary Nolan, Director of Nursing Cora Hurley, CNM2

Family Carer and Older Persons Development Workers	Name	Contact
Caha Centre	Ann-Maire Thomas	annmaire.thecahacentre@gmail.com
Beara West	Alvina Cassidy	acassidy@bearawestfrc.ie
Bantry	Gemma Casey	gemma@locallinkcork.ie
Mizen & Sheep's Head Peninsula	Lorna Harte	lorna@locallinkcork.ie
Skibbereen	Gráinne Carr	opcworker@scfrc.ie
Dunmanway	Debbie Hayes	debbie@dfrc.ie

West Cork Arts Centre Staff	Contact
Justine Foster - Programme Manager for Arts for Health West Cork and Uillinn	justine@westcorkartscentre.com (028) 22090
Louise Forsyth - Front of House Coordinator & Communications Assistant at Uillinn	louise@westcorkartscentre.com (028) 22090 083 8278115 - WCAC Mobile
Étáin Collins - Arts for Health Public Engagement Assistant	artsforhealth@westcorkartscentre.com

Arts for Health Paper Forms:

Who is responsible for collecting and storing information?

Service User Consent Form - Participation in Arts for Health

Who is responsible for this form?

Director of Nursing or CNM2

What is the form for?

Obtaining consent from service users to participate in Arts for Health Partnership Programme

How often does it need to be completed?

Once for each participant

Where does it need to be stored?

At the healthcare setting for the duration the artwork is in the public domain

Check-In Sheets

Who is responsible for this form?

Artist and DON/CNM2/Day Care Coordinator/Creative Carers Liaison

What is the form for?

Point of contact between artist and healthcare setting; opportunity to check who will take part in the session and if there is anything specific the artist needs to know

How often does it need to be completed?

Before each AfH session

Where does it need to be stored?

At the healthcare setting for the duration the artwork is in the public domain

Arts for Health - Specific Project Consent

Who is responsible for this form?

Artist and DON/CNM2/Day Care Coordinator

What is the form for?

Obtaining consent from service users to have contribution (story, artwork, voice recording, video recording) included in specific AfH project

How often does it need to be completed?

Once per project; one consent form for each participant

Where does it need to be stored?

At the healthcare setting for the duration the artwork is in the public domain

Arts for Health - Participant Feedback Form

Who is responsible for this form?

Artist and DON/CNM2/Day Care Coordinator/Creative Carers Liaison

What is the form for?

Obtaining feedback from Arts for Health participants

How often does it need to be completed?

Once per year

Where does it need to be stored?

At the healthcare setting for the duration the artwork is in the public domain

Service User Consent Form - Participation in Arts for Health

Permission form to be completed by Director of Nursing/CNM2 on admission

West Cork Arts Centre has been granted permission by the Health Service Executive, Community Hospitals and Day Care Centres to deliver Arts for Health Programme under the governance of the Partnership*.

The programme is free of charge and invites people to take part in one to one or group sessions in visual art, music, film and poetry, once or twice a week. From time to time the artwork and music is shared via exhibitions and celebrations at the hospital, Uillinn West Cork Arts Centre, or Cork County Libraries. The work is often photographed and shared on the programme website

www.artsforhealthwestcork.com where more information on the programme can be found.

Programme contributors name	
Name and contact number of their family member, if applicable	

Signature or comments which indicate permission

Information flyer has been shared	Yes	No
Healthcare professional witness name	Signature	
Healthcare setting	Date	

This form will be stored safely at _____

Community Hospitals - Artist Check In Sheet

List of potential participants: Long term Residents, Respite and Palliative residents

Staff/ Artist agreement on who will benefit today/might benefit today/anyone who would not like to take part today and families or visitors expected/students.

Person in charge today: _____

Please answer the following questions regarding the list of names above:

v **Out and In:** Since last week has any resident left the unit or been admitted?

v **General wellness:** Is there anyone on this list to avoid?

v **Falls Risk:** Is there anyone on this list who should not be walking alone?

v **1 to 1:** Is there anyone in the unit that would benefit from a one to one session?

v **Other Information:** Is there anything in particular that the artist needs to know?

Artists additional question:

Name of Artist:

Name of Healthcare staff:

Signed _____ Date _____

Day Care Centre - Artist Check In Sheet

Check in between artist and Day Care Centre staff on who will benefit today / who might benefit today / who would not like to take part today, and anything to be aware of throughout the session.

No need to include participant names here.

Person in charge today: _____

How many people attending session today: _____

Please answer the following questions before commencing Arts for Health session:

- **Accessibility:** Is there anyone in this group with higher needs / needs to be aware of?
- **General wellness:** Is there anyone feeling unwell today?
- **Other Information:** Is there anything in particular that the artist needs to know?

(How can we address diversity in the room?)

Artists additional question:

Name of Artist:

Name of Healthcare staff:

Signed _____ Date _____

Creative Carers - Artist Check In Sheet

Check in between artist and Creative Carers liaison on who will benefit today / who might benefit today / who would not like to take part today, and anything to be aware of throughout the session.

No need to include participant names here.

Person in charge today: _____

How many people attending session today: _____

Please answer the following questions before commencing Creative Carers session:

v **Accessibility:** Is there anyone in this group with higher needs / needs to be aware of?

v **General wellness:** Is there anyone feeling unwell today?

v **Other Information:** Is there anything in particular that the artist needs to know?

(v How can we address diversity in the room?)

Artists additional question:

Name of Artist:

Name of Creative Carers liaison:

Signed _____ Date _____

Arts for Health - Specific Project Consent

Permission form to be completed by artists with project contributors

Project Name _____

About the Project _____

This form asks for your permission to contribute _____

(eg. story, artwork, voice recording, video recording)

Project contributors name	
Name and contact number of their family member, if applicable	

Signature or comments which indicate permission

Artist name	Signature
Healthcare professional witness name	Signature
Healthcare setting	Date

Artists will be responsible for keeping contributors informed of the project's developments. Contact info@westcorkartscentre or artist for more information.

This form will be stored safely at _____

Arts for Health - Participant Feedback Form

We'd love to hear about your experience of the Arts for Health Partnership Programme

What did you take part in?

Thinking overall, please rate your experience on a scale of 1 - 5:

1

2

3

4

5

Poor

Excellent

What, if anything, did you enjoy the most?

What, if anything, did you enjoy the least?

Do you have any additional feedback or suggestions for future Arts for Health projects?



WELCOME!

Artist's Name _____

I am an artist working as part of the Arts for Health Partnership Programme. We are a team of artists working in Community Hospitals, Day Care Centres and in social care across West Cork, supported by Uillinn West Cork Arts Centre.

Today we are at _____

As a valued visitor we invite you to join and take part in our arts sessions with the residents

Our next session will be on _____

To find out more about our work in healthcare please go to

www.artsforhealthwestcork.com



1 February 2025

To Whom it may Concern,

Uillinn: West Cork Arts Centre confirms that it has obtained Garda vetting disclosures in respect of the artists facilitators who will be engaged in relevant work on the Art for Health Programme.

Paperwork in relation to this is held under GDPR at Uillinn West Cork Arts Centre and is available for inspection.

A declaration and checklist of documents for relevant policy requirements is held at Uillinn and at each health care setting (see template below).

Pursuant to Section 12, part 3a, of the National Vetting Bureau (Children and Vulnerable Persons) Act 2012 as amended by the Criminal Justice (Spent Convictions and Certain Disclosures) Act 2016, the parties below jointly agree that the Garda Vetting received by Uillinn: West Cork Arts Centre as a relevant organisation will be acceptable to meet its obligations under the legislation above.

Signed on behalf of Uillinn West Cork Arts Centre

Yours sincerely,



Justine Foster,

Programme Manager, Uillinn West Cork Arts Centre

Artists Checklist and Declaration 2025

Name			
Any other name(s) previously known as:			
Address			
Eircode		Mobile No	
Email			

Is there any reason that you would be considered unsuitable to work with vulnerable people in a healthcare setting:	yes	no
If yes, please outline the reason (you may use another sheet):		
Do you consent to Garda Clearance?	yes	no
Do you consent for West Cork Arts Centre to retain personal information for legal and safety purposed in line with GDPR		

Policy Compliance checklist	Checkbox
Submitted Garda Vetting NBV1 form	
Submitted most recent CV with 3 named referees	
Submitted 2 x forms of ID - 1x Photograph & 1x Address (e.g., copy of driving license/ passport & scan of an official letter with home address on – ensure to block out any financial or other personal details) *If you have lived/spent significant time abroad in the last 7 years:	
Submitted DBS certificate or similar dated within the last 3 years	
Agreement for WCAC to share your GV and contact details with HSE	
Submitted 2x HSELAND Training Certificates for: <ul style="list-style-type: none"> AMRIC Hand Hygiene (30mins) AMRIC Basics of Infection Prevention and Control (20mins) To do the training you will need to register as a VOLUNTEER on HSE land	
Complete HIQA National Standards for Adult Safeguarding; Putting the Standards into Practice available on HSELAND	

Insurance	Checkbox
Name of insurance company:	
Date of renewal:	
Confirmation you have indemnified West Cork Arts Centre	

I have read Uillinn West Cork Arts Centre's child and vulnerable persons safety statement and AfH & Healthcare Covid Procedures and I agree to adhere to them:

SIGNED _____ DATE _____

Glossary of HSE Acronyms & Terms

Community Hospital:

DON = Director of Nursing

ADON = Assistant Director of Nursing

CNM3 = Clinical Nurse Manager 3

CNM2 = Clinical Nurse Manager 2

CNM1 = Clinical Nurse Manager 1

AN = Advanced Nursing/ Senior Nursing

RN = Registered Nurse

HCA = Healthcare Assistant

Multi-Task Assistant

Activities Coordinator

Kitchen Staff

Day Care Centre:

Day Care Coordinator

Multi-Task Assistant

Multi-Disciplinary Team:

OT = Occupational Therapist

SALT = Speech and Language Therapist

PT = Physiotherapist

HIQA - Health Information and Quality Authority

Artist Biographies

Sarah Ruttle

Arts for Health Programme 2008 to present



Tyrone born visual artist Sarah Ruttle graduated in Constructed Textiles from Duncan of Jordanstone College of Art & Design, University of Dundee, Scotland in 2002. Since moving to West Cork twenty years ago she has established a recognised participatory practice within an Arts and Health context, alongside the development of her solo arts practice. Sarah's work concentrates on capturing unique moments of humanity, emotion, courage, and hope, in figurative works which often feature portraiture. Her drawing has an emphasis on creating detail through mark-making, with work also developed in textiles and paper art. In January 2024 Sarah held a significant solo exhibition in Working Artist Studios, Ballydehob, sharing a new body of work, which is the first step in the evolution of her new work. In her

participatory practice it is important to Sarah to portray a participant's voice with honesty and integrity in and through collaborative opportunities. She has built creative connections through a combination of making and storytelling, while using a multi-sensory approach. <https://artsforhealthwestcork.com/artists/sarah-ruttle/>

Justin Grounds

Arts for Health Programme 2015 to present



Justin is a violinist, composer and electronic music producer based in West Cork. He studied baroque violin in his hometown of Cambridge and went on to study a degree in Music and Theology at Durham University. Justin works as a record producer and string arranger, teaches workshops with young people and is a member of the Arts for Health team bringing music to hospital and clinical environments. His 'Passacaglia Apis' for solo baroque violin and string orchestra won the inaugural East Cork Early Music Festival composers' competition in 2014 and he has produced 5 albums of solo music. Justin performs regularly as a solo baroque violinist, as a composing member of The Vespertine Quintet, leader of chamber group The Early/Modern Players and with bands Idiot Songs, Fir Beag and Farewell J.R.

<https://artsforhealthwestcork.com/artists/justin-grounds/>

Sharon Dipity

Arts for Health Programme 2007 to present



Sharon works across the media of drawing, sculpture, installation, printmaking, painting, textiles and performance. She graduated from Goldsmiths College, University of London, 1986 with a B.A. Honours degree in Textiles; and U.C.E, Birmingham, 2001 with a Postgraduate Certificate in Scenography. She attended 'CREATE Professional Development Course for Artists working in Health Care Settings' in 2008. In 2014, Sharon was commissioned by HSE South Cork Arts and Health Programme to create a series of artworks for Blackrock Hall Primary Care Centre. Sharon is the recipient of several arts bursaries from The Arts Council and was awarded residencies at the Ballinglen Arts Foundation, Mayo in 2018 and The Tyrone Guthrie Centre, Co. Monaghan in 2010 with bursaries from Cork County

Council; at The Cill Rialaig Project, Kerry, 2011; and at Uillinn, West Cork Arts Centre, 2016 and 2017.

<https://artsforhealthwestcork.com/sharon-dipity/>

Bénédicte Coleman

Arts for Health Programme 2018 to present



Bénédicte's work usually takes the form of installation: a series of visual manifestations where the viewer is invited to fill in the narrative as best fits their own interpretation. A lifelong preoccupation with collecting coastal debris, which started on the Normandy coast when staying with her French grandfather as a child and continued along the Beara coastline with her own children years later, led to a large collection which she uses as material for installations, both taxonomic and environmental. Her practice also involves drawing, photography, occasional printmaking, mixed media modelling and other techniques.

<https://artsforhealthwestcork.com/benedicte-coleman/>

Michael Greenlaw

Arts for Health Programme 2017 to present



A graduate of Drawing and Painting from Edinburgh College of Art. Michael is originally from Scotland but now lives in West Cork and spent 40 years working as a community artist in Craigmillar, Edinburgh. A strong advocate for social justice Michael was lead artist for Artists for Justice and Peace. He has exhibited and sold paintings and drawings at Uillinn, West Cork Art Centre. Michael has painted collaborative community murals with YMCA groups in Ballincollig, Cobh and Cork City and with young people from Skibbereen. In 2018 Michael undertook an Uillinn residency/commission with artist Charlotte Donovan for St. Patrick's Day: The Parade Press. He has created large temporary outdoor sculptures for the Leap Scarecrow Festival

and has facilitated arts for health groups at Macroom Community Hospital, Niche Community Health Project in Knocknaheeny, and at The Next Step in Cork City.

<https://artsforhealthwestcork.com/michael-greenlaw/>

Ecki Krupp

Arts for Health Programme 2022 to present



Eckehard (known as Ecki) is a multi-instrumentalist with a background in Irish traditional music who has been performing and recording in a wide range of styles in various bands, duos and on his own over the last forty years.

Being a West Cork resident since 1996 he has been organizing and playing in sessions of traditional Irish music on the Beara peninsula as well as touring in Germany and Austria. From 2008 to 2013 he was chairman and booker for the Michael Dwyer Festival in Allihies. Since 1996 he has been working with the Allihies Language Centre teaching and lecturing Irish Music to French students through Vacance Musicales sans Frontieres (V M s F).

<https://artsforhealthwestcork.com/artists/ecki-krupp/>

Elizabeth Murray

Arts for Health Programme 2021 to present.



Elizabeth Rose Murray writes in multiple genres for children, young adults, and adults. Her books include *Caramel Hearts* and the award-winning *Nine Lives Trilogy*; *The Book of Learning* (Dublin UNESCO Citywide Read 2016, listed on Junior Cycle English reads, optioned for TV), *The Book of Shadows* (shortlisted Irish Literacy Association Award & Irish Book Awards), and *The Book of Revenge*. A recipient of an Arts Council Bursary in 2018 and a Professional Development Award in 2020, Elizabeth is also an experienced event facilitator, providing hundreds of creative writing and book-related events every year, working with festivals, arts centres, schools and libraries to foster a love of creativity and reading.

<https://artsforhealthwestcork.com/artists/elizabeth-murray/>

Kate Liddell



Arts for Health Programme 2023 to present

Kate Liddell is a composer and multi-instrumentalist based in West Cork. Learning violin and cornet from a young age, she completed a degree in Music before travelling to Indonesia to continue her studies in their traditional orchestra, gamelan. Kate has over 20 years experience of playing, performing, composing, and improvising with bands and orchestras of many different genres. She is currently developing and composing her own compositions, as well as co-creating music as part of several projects in West Cork. Kate is currently undertaking the MA in Music Therapy at the University of Limerick.

<https://artsforhealthwestcork.com/artists/kate-liddell-3/>

Marybeth O'Mahony



Arts for Health Programme 2023 to present

Marybeth O' Mahony is a singer, musician, and lyricist from West Cork. For the past twelve years she has developed her music career locally and nationally, working as a solo artist, lead singer and member of multiple bands of various genres. Marybeth grew up listening to soul and jazz and her style of singing has been greatly influenced by these genres. She graduated from Cork School of Music in 2018 with a degree in Popular Music. She has a wide range of performance experience including supporting Eddie Reader, performing at the Skibbereen Arts Festival, Clonakilty International Guitar Festival, Cork Jazz Festival, Body & Soul, and Electric Picnic. She currently plays with bands The Kates and The Voxies, while continuing to perform a weekly solo slot at Coughlan's Live Music

Venue, as well as weddings, parties, and intimate gigs.

<https://artsforhealthwestcork.com/artists/marybeth-omahony/>

Catherine Weld



Arts for Health Programme 2024 to present

Catherine is a visual artist based in her studio near Bantry since 2012 and previously in Dorset, UK. Her creative career began as a social documentary photographer, followed by seven years as facilitator of a hospice-based project making books and films with people at the end of life. She then gained a First Class degree in Graphic Design before committing to life as a visual artist which offers the challenges to which she is temperamentally best suited. Catherine works in a wide range of media with the use of colour a predominant interest. Her subject is primarily the landscape together with the physical properties of her materials, and searching for what is real through the process of abstraction.

<https://artsforhealthwestcork.com/artists/catherine-weld/>

David Shanahan



Arts for Health Programme 2024 to present

Coming from Shantullig in West Cork, David Shanahan is a singer, songwriter, and multi-instrumentalist with a deep interest in various aspects of Irish and folk music. His influences include Jimmy Crowley, Luke Kelly and John Spillane. He regularly plays banjo and bodhrán at traditional music sessions across the country and is always exploring new ways to expand what those instruments can do. David has performed at ballad sessions in Dublin and Cork, hosting a regular session in Sin É in Cork for a period. A few years ago, he created *Rócaín*, an audio-visual project celebrating the ballads and songs of Cork city and county. A song from this project 'Cucanandy' was recently used in the film 'Gleann' by Jesse Gilbert.

<https://artsforhealthwestcork.com/artists/david-shanahan/>

Anne Harrington Rees



Arts for Health Programme 2010 to present

From Kilkenny, Anne graduated in 1992 with an honours degree in Landscape Horticulture and in 2003, while living in Wales, completed a HND in Design Crafts. She moved back to Ireland in 2006 and now lives in West Cork. Anne's fibre sculptures, which are inspired by naturally occurring forms, Irish folklore, architecture and vessels, have won awards and been selected for many exhibitions in the UK and Ireland. She has created work using relief printing techniques and, after recent courses in surface pattern design, now designs and sells a range of unique homewares, tote bags and artwork, featuring her bold, colourful images, inspired by West Cork nature.

<https://artsforhealthwestcork.com/anne-harrington-rees/>

Sinéad Cullen



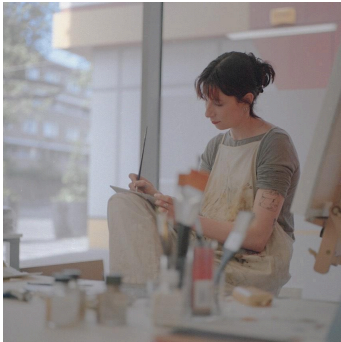
Arts for Health Programme 2024 to present

Sinéad, originally from Wexford, now lives in Allihies on the Beara peninsula where she swims all year round, cherishes its elemental wildness, and loves rural community life.

She graduated from DTU with a 1st class architecture degree in 1996, received a 1st class MSc in Architecture: Environment and Energy Studies from CAT Wales in 2008, and received a Postgraduate Level 9 Certificate in Creativity and Change from Crawford Art College in 2020. In 2016, she also qualified as a Movement Medicine teacher, with a focus on nurturing creativity through movement. She is fascinated with personal and collective processes of trauma recovery, the concept of home and how we become more at home in our bodies, community and natural environment.

<https://artsforhealthwestcork.com/artists/sinead-cullen>

Emma Scully



Arts for Health Programme 2024 to present

Emma Scully is an emerging artist with a First-Class honours degree in Fine Art Print from the National College Of Art and Design.

In 2022 she received the Graphic Studio Graduate Award, The Firestation Sculpture Award, the Clancy Quay Studio Award and the Agility Award. Often working in a socially engaged and collaborative approach, her practice spans printmaking, painting, ceramics and textiles. Her work is deeply influenced by the feminist art movement, Irish folklore and surrealism. Scully's recent etchings and paintings are deeply imaginative, reconfiguring the human figure into inconceivable, dreamlike forms while delicately weaving in undercurrents of feminist thought. She is currently a member of Graphic Studio Dublin. Her work has been exhibited in Dublin,

Belfast, London, Miami, New York and Chicago. <https://artsforhealthwestcork.com/artists/emma-scully/>

Tess Leak



Arts for Health Programme 2010 to present

Tess is developing a multi-disciplinary approach to participation. She is a graduate of the Curious School of Puppetry in London and co-curator of the *Museum of Miniature* which completed a tour of 7 off-shore Islands in 2017 and *The Museum of Making and Mending* co-created with Arts for Health Participants. In 2019 she collaborated with puppeteer Eoin Lynch, composer Justin Grounds and participants in St. Joseph's Unit, Bantry General Hospital to create *Stories from the Well-Field*. Funded by an Arts Council of Ireland Arts Participation Award, this interactive performance brought to life poems about enduring childhood friendships.

<https://artsforhealthwestcork.com/tess-leak/>

Darragh Kearns-Hayes

Arts for Health Programme 2017 to present



Darragh Kearns-Hayes is a composer and multi-instrumentalist from Cork. He worked for over two years as a core member of the Arts for Health team and since relocating to Sweden in 2019, he visits residents remotely and during once off visits. Darragh studied piano and music theory at the Cork School of Music from an early age and graduated from there in 2013 with a first class honours. In 2016, he completed his Masters in Composition, studying with Wim Henderickx and Richard Ayres at the Conservatorium van Amsterdam. Darragh's compositions have been recorded and performed by RTÉ National Symphony Orchestra, Nieuw Ensemble, Orkest de Ereprijs, Conservatorium van Amsterdam Symphony Orchestra, Sarah Jeffery and Marja Gaynor amongst others.

<https://artsforhealthwestcork.com/artists/darragh-kearns-hayes/>

Oisín Walsh-Peelo

Arts for Health Programme 2024 to present



Oisín has toured extensively since completing his BMusComp in 2016 (First Class Honours & High Achievement Award). As a session musician (piano, guitars, harp, low-whistles and vocalist) he has played throughout the USA, Europe, Ireland and the UK. In 2022 he toured primarily with Villagers throughout their acoustic tour as well as with the full band. Highlights from 2022/23 include performances and recordings with Flyte (UK), Bombay Bicycle Club (UK), LOAH and Aoife Nessa Francis (IRE). He is currently an ensemble member for Michael Gallen's upcoming Opera *The Curing Line* (Piano, Saxophone, Harp, Voice). Other notable artists he has played and recorded with over the years include Hudson Taylor, Gabrielle Aplin,

Hannah-Grace, Gemma Hayes, Sorcha Richardson, Amber Run, SASO, Sibéal and Blossom Caldarone. In 2018 he released his first, self-produced solo-EP under the name O Deer and supported Hozier in the Roseland Theatre in Portland, Oregon with this act.

<https://artsforhealthwestcork.com/artists/oisin-walsh-peelo/>

Partnership Agreed Acknowledgment.

Please ensure this is used in any public sharing of the work.

Arts for Health is based in West Cork and provides a managed and integrated arts programme for older people in healthcare settings.

The Arts for Health programme is based on an inter-agency partnership between West Cork Arts Centre, Cork County Council's Arts Office, Cork Education & Training Board and Cork Kerry Community Healthcare. Cork Kerry Community Healthcare is represented by Cork South Community Work Department, the Nursing Directors of Community Hospitals and the Day Care Centres, West Cork.

The delivery of the programme is through a multidisciplinary artists' team which is managed by Uillinn West Cork Arts Centre. The team has established a close, professional working relationship with the staff and management of each care setting. The artists, each with distinctly different practices, have developed their professional expertise in working with older people and numerous individual and collaborative projects have been undertaken since it began in 2005.

All artworks, writings and poems were created in 20**.

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The Arts for Health partnership gratefully acknowledge the local support towards the programme with special thanks to Friends of the Community Hospitals and Day Care Centres.

www.artsforhealthwestcork.com

www.westcorkartscentre.com